|  |  |
| --- | --- |
| " What are Tics and What is CBIT?" |  |
|  | |

|  |
| --- |
| The national Tourette Syndrome Association (TSA) Education Committee announces the March 2010 edition of its monthly on line information series. These programs have received a great response. You won't want to miss this one.  Remember, every program in this continuing series is available 24/7 to view, listen to or download for free as an mp3 from the [tsa-usa.org](http://tsa-usa.org) website!   **"What are Tics and What is CBIT?"**    Is online and available to you at: [http://tsa-usa.org/educ\_advoc/audio\_conferenceTSA.htm](http://r20.rs6.net/tn.jsp?et=1103231517685&s=4948&e=0016kwqWjdcuiKAW_q-3zwGZwR_OuWVtiq2reakPYe16ju5akl8vAlnwNWwUFmAID58u3khYgBTQfFwSZzSmNBoSQVE23nqikBoQZiCXkPPMFZkrkO2VG3ms4YcBoSRSbbaRxExTndSsaROSy52oIL2PJPEosntHz13)   This 31 minute presentation has information of particular interest to school psychologists, parents and educators.    School psychologists play a key role in the identification of Tourette Syndrome (TS) and its symptoms. And, when possible, work with parents and students finding ways to help manage tic symptoms and improve academic and social difficulties.    Comprehensive Behavioral Intervention for Tics (CBIT) is a new evidence-based non-pharmacological treatment option for tic management developed by members of the Tourette Syndrome Association(TSA) Behavioral Sciences Consortium.  CBIT procedures combine elements of habit reversal training with psycho-education and function-based behavioral interventions to teach patients effective tic management skills.    Douglas W. Woods, Ph.D, Director of Clinical Training and  Professor of Psychology at the University of Wisconsin-Milwaukee, reviews what tics are and provides an overview of the CBIT  treatment intervention.  We hope you find this program to be informative and helpful.     Thank you to TSA members, donors, chapter members and volunteers.   Join or contribute to TSA by following this link [http://tsa-usa.org/give/index.html](http://r20.rs6.net/tn.jsp?et=1103231517685&s=4948&e=0016kwqWjdcuiLXuhM1RCQ3oS0b5OB32rLaUZt6iZPGKCVjpDF8jQpTunHQFyo4qtAHVS81CsZGTHM1uRkb2cy3X8_ibC5M2ckSg695VzgmaWCM53bykADLlgzDtgmNifo8)   *The information provided in this material was supported by Grant/Cooperative Agreement Number DD000343 from the Centers for Disease Control and Prevention (CDC).* *The contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.* |